# excelr8

## A programme designed to help young people develop their personal, social, vocational and employability skills through qualifications and work experience.

Delivered by Springboard along with local well known training providers we work across many different occupational areas and provide a wide range of qualifications and opportunities.

# Our offer is available to all young people aged 16-18

(who meet the eligibility criteria for the programme)

csv make a difference connexions INVESTORS IN PEOPLE matrix ypla Young People's Learning Agency

**Excelr8** programmes are aimed at young people who wish to gain an understanding, qualification and practical skills in a chosen area. Some young people don't know what they want to do and there are opportunities to develop confidence building and personal & social skills.

No formal qualifications are required, but, you do need to be keen and enthusiastic and demonstrate the potential to progress with support to further education, training or employment.

How long you are on the programme willl depend on the qualifications you take and your individual needs.

All learners are entitled to travel costs and to apply for a bursary (see overleaf).

**If you are interested in any of the programmes below please contact the relevant training provider (see over page for contact details) or your local Connexions Personal Advisor.**

## Personal and Social Development

You will get the chance to develop your PSD skills with each provider, however Box Project, Blue Watch, Lambton Street and SNCBC have opportunities which concentrate on helping you develop these skills.

**You may cover things such as:** environmental awareness, problem solving, teamwork, managing relationships, healthy living, preparation for work, managing money, personal safety, using technology, self development.

## AMENITY HORTICULTURE AND ANIMAL CARE

**Training Providers:**
Springboard Sunderland
Sunderland Training & Education Farm

## Business Administration & Customer Service

**Training Providers:**
City of Sunderland Riverside Training
ETEC Development Trust, Milltech Training
Springboard Sunderland, Team Wearside

## CARE

**Training Providers:**
Springboard Sunderland, Team Wearside

## Childcare

**Training Providers:**
Springboard Sunderland, Team Wearside

## CONSTRUCTION

**Training Providers:**
City of Sunderland Riverside Training
ETEC Development Trust
Springboard Sunderland

## Hairdressing

**Training Provider:**
BL Hairdressing

## Hospitality and Catering

**Training Providers:**
Springboard Sunderland, Team Wearside

## MOTOR VEHICLE REPAIR AND MAINTENANCE

**Training Providers:**
Milltech Training, Springboard Sunderland

## MUSIC PRODUCTION AND FILM MAKING

**Training Provider:**
Studio 47

## WAREHOUSING & RELATED INDUSTRIES

**Training Providers:**
City of Sunderland Riverside Training
Springboard Sunderland
Team Wearside

## Sport and Leisure

**Training Providers:**
SAFC Foundation, Springboard Adventure

# First Steps

**BL Hairdressing**
23-25 Borough Road
Sunderland SR1 1JY
Tel: 0191 565 5172

**Blue Watch Youth Project**
Burdon Lane
Ryhope
Sunderland SR2 0HR
Tel: 0191 521 4060

**City of Sunderland Riverside Training**
Colima Avenue
Sunderland Enterprise Park
Sunderland SR5 3XB
Tel: 0191 549 6511

**City of Sunderland YMCA Foyer**
2-3 Toward Road
Sunderland SR1 2QF
Tel: 0191 567 6160

**ETEC Development**
90 Coronation Street,
Hendon
Sunderland SR1 1HE
Tel: 0191 565 6414

**Lambton Street Youth Project**
25 Falkland Road
Ford Estate
Sunderland SR4 6XA
Tel: 0191 567 5227

**Milltech Ltd**
Victoria House
Toward Road
Sunderland SR1 3QF
Tel: 0191 510 0414

**Oxclose & District Young People's Project (JAG)**
Dunlin Drive
Ayton
Washington NE38 0EB
Tel: 0191 417 3382

**SAFC Foundation**
Sunderland Stadium of Light
Sunderland SR5 1SU
Tel: 0191 551 5191

**Springboard Adventure**
Hetton Lyons Country Park
Downs Pit Lane
Hetton-le-Hole DH5 0RH
Tel: 0191 526 6684

**Springboard Sunderland**
The Alec Dickson Centre
Rivergreen Industry Centre
Pallion
Sunderland SR4 6AD
Tel: 0191 515 5300

**Springboard Sunderland**
184 Roker Avenue
Sunderland SR6 0BS
Tel: 0191 564 0291

**Springboard Sunderland**
Back Princess Gardens
Hetton-le-Hole
Houghton-le-Spring DH5 9AQ
Tel: 0191 526 6595

**Studio 47**
47-50 Nile Street
Sunderland SR1 1EY
Tel: 0191 567 8700

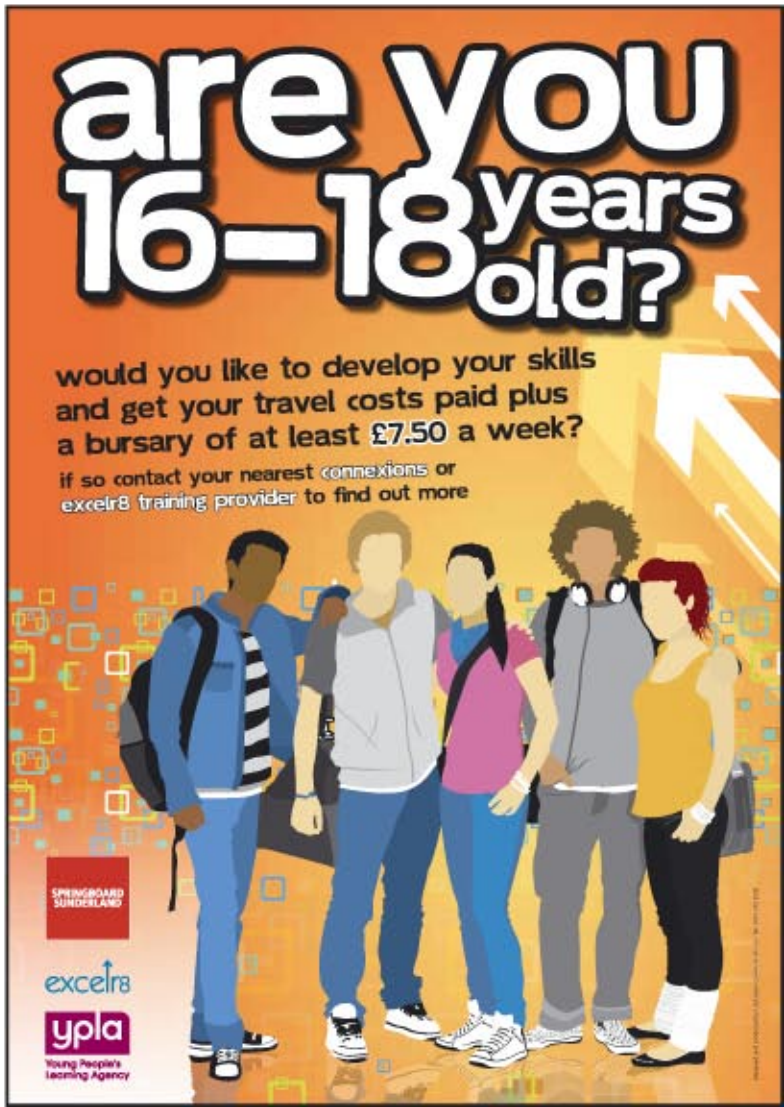
**Sunderland North Community Business**
Winchester House
Baxter Road
Sunderland SR5 4LW
Tel: 0191 537 3231

**Sunderland Training and Education Farm**
Page Pastures Farm
Keelman's Lane
Sunderland SR4 0RW
Tel: 07960 638457

**TEAM Wearside**
30 Norfolk Street
Sunderland SR1 1EE
Tel: 0191 514 2799

**The Box Youth Project**
Hall Farm Road
Hall Farm
Sunderland SR3 2UY
Tel: 0191 522 5031

excelr8

Accessible • Personalised
Developmental • Relevant
Flexible • Vocational
Enjoyable • Achievable

SPRINGBOARD SUNDERLAND